

MEET THE PRODUCT

BRAVENLY HYDRATE

LEMON LIME



Supplement Facts

Serving Size 1 stick (7.45 g)
Servings Per Container: 16

	Amount Per Serving	%DV
Calories	24	
Vitamin C (from ascorbic acid)	100 mg	111%
Vitamin B6 (pyridoxine hydrochloride)	2.5 mg	147%
Vitamin B12 (methylcobalamin)	5 mcg	208%
Sodium (sodium chloride)	250 mg	11%
Magnesium (dimagnesium malate, magnesium glycinate)	15 mg	4%
Potassium (potassium citrate)	140 mg	3%
Bravenly Proprietary Blend	4,200 mg	*
L-Leucine (Powder), L-Isoleucine (Powder), L-Valine (Powder), L-Theanine (Powder)		

*Daily Value not established.

Other Ingredients: Citric Acid, Natural Colorings, Natural Flavors, Reb M, Silicon Dioxide.

MAY SUPPORT:

- Cellular Hydration & Healthy Fluid Balance*
- A Healthy Nervous System*
- Muscle Growth, Repair & Endurance*
- Mood & Focus*
- Cognitive Health*

WHAT'S INSIDE:



MAGNESIUM



SODIUM



POTASSIUM



L-THEANINE



VALINE



ISOLEUCINE



LEUCINE